

# Leading a Mentally Healthy School



## Train the Trainer Sessions

**Leading a Mentally Healthy School** training modules have been funded by Health Education England (HEE) and created by the School Development Support Agency (SDSA) in partnership with an expert group of educational psychologists, education consultants and mental health organisations.

The course is aimed specifically at **Senior Leaders** and focuses on reflection of current provision and strategic planning to help develop a mentally healthy school.

### Leading a Mentally Healthy School aims:

- to enable and empower senior leaders to put mental health at the heart of strategic school improvement.
- to equip senior leaders with practical and sustainable approaches that can be implemented on return to school.



### Teaching School Role

- To attend a one day train-the-trainer session in the Spring Term 2018 co-ordinated by your local Hub school
- To deliver the two-day training programme to School Leaders in your alliance in the Summer Term 2018
- To report your engagement and impact to your local hub



### Module content:

This course is about LEADERSHIP of a mentally healthy school.

### Module 1: Ethos, culture and strategic leadership

- What is mental health?
- Why have a whole school approach to mental health?
- The importance of ethos and culture.
- Strategic planning.

### Module 2: Policies and procedures for impact

- Policies and leadership.
- Signs and symptoms.
- Procedures for impact.

### Train the Trainer date, time and venue:

#### Date:

Friday 11<sup>th</sup> May 2018

#### Time:

10am-4pm

#### Venue:

LEARN Teaching School Alliance  
Autumn Park  
Dysart Road  
Grantham  
NG31 7EU

**Train the Trainer Sessions are free of charge to attend. Teaching Schools may send up to two people. One training folder will be provided per teaching school**

### For further details, please contact:

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