

Leading a Mentally Healthy School

Ash Field Teaching Alliance



Train the Trainer

Leading a Mentally Healthy School training modules have been funded by Health Education England (HEE) and created by the School Development Support Agency (SDSA) in partnership with an expert group of educational psychologists, education consultants and mental health organisations.

The course is aimed specifically at **Senior Leaders** and focuses on reflection of current provision and strategic planning to help develop a mentally healthy school.

Leading a Mentally Healthy School aims:

- to enable and empower senior leaders to put mental health at the heart of strategic school improvement
- to equip senior leaders with practical and sustainable approaches that can be implemented on return to school



Teaching School Role

- To attend a one day train-the-trainer session in the Summer Term 2018 co-ordinated by your local Hub school
- To deliver the two-day training programme to School Leaders in your alliance in the Autumn Term 2018/2019
- To report your engagement and impact to your local hub



Module content:

This course is about LEADERSHIP of a mentally healthy school.

Module 1: Ethos, culture and strategic leadership

- What is mental health?
- Why have a whole school approach to mental health?
- The importance of ethos and culture
- Strategic planning

Module 2: Policies and procedures for impact

- Policies and leadership
- Signs and symptoms
- Procedures for impact

Train the Trainer

Friday 22nd June

9.30am – 3.30pm

Ash Field Academy,
Broad Avenue,
Leicester,
LE5 4PY

**FREE OF CHARGE
FOR TEACHING
SCHOOLS**

(Two places per school)

LIMITED PLACES
AVAILABLE

**To book please
email**

afta@ashfield.leicester.sch.uk

or call

0116 273 7151

